

A group of five diverse children are shown from the chest up, arranged in a circle and looking towards the camera. They are all smiling and holding long, thin yellow streamers. The children have various hair colors and styles, and are wearing casual clothing. The background is a soft, out-of-focus light color.

# The Parenting Apart Programme

“Parenting Apart is the leading programme for making children’s lives better by improving communication between parents in conflict”



# **Building a Partnership for the Parental Conflict Grants for Councils 2022**

**An Information Pack**



# Welcome



- Thank you for your interest in working as an Accredited Licensed Local Authority Partner with the Parenting Apart Programme.
- This pack has two main elements
- Part One tells you about The Parenting Apart Programme and our approach.
- Part Two sets out the way that we work to support Local Authorities and their Practitioners. We also aim to answer the main questions you may have.
- We look forward to working with you and your colleagues

# Part One – The Parenting Apart Programme



- About the Parenting Apart Programme.
- Why Partner with The Parenting Apart Programme?
- Our primary focus is improving the lives of children and families.
- Some words from our Founder.
- Supporting parents.
- Our Programme has 3 Aims.
- Key components of our approach.
- What does The Parenting Apart Programme consist of?
- Benefits of The Parenting Apart Programme
- Key Findings from External Evaluation of Parenting Apart
- Our Social Impact
- How do we Assure Quality?
- Testimonials.



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- The DWP Grant Programme at a glance
- DWP'S Ambitions.
- Financial Framework
- The Benefits to your Council
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- Some quotes from Practitioners about our Training
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- Who are Accredited Licensed Practitioners?
- Selecting your Licensed Practitioners to work with us.
- Who could be a practitioner within the Local Authority
- Is this a Trainer Training Programme?
- Our ambitions for our Journey.
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- What's included in your License package?
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- How are we supporting our Practitioner Network?
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- We maintain high standards of Practice
- Looking beyond year one
- Your Initial Training
- Summarising our vision of Partnering with you.
- Thank-you
- APPENDIX 1 - Social Impact Study 2022



# About the Parenting Apart Programme

- We support the Government's aim for Every Child to have the best possible start in life. Our core values are based upon the belief:
- The best place for children to grow up is with their family.
- The voice of the child is at the heart of everything we do.
- Children have the right to express their opinions and be listened to.
- The role of parents is to provide for the physical wellbeing of a child, to teach the child morals and personal values, to train the child to navigate life, to provide emotional support, love and protection, and to make sure the child receives an education.



# About the Parenting Apart Programme

- Parents are also expected to have a close, healthy relationship with their children and to make them happy and give them every advantage in life. Therefore, children have a right to be raised by, or have a relationship with, their parents, even when the parent relationship has ended.
- We believe that by helping parents cope well during this difficult emotional time we will be helping the child/ren. Children whose parents do not fulfil either of these roles, even though they are physically present, can experience severe emotional conflicts and in some cases into adulthood.
- We improve the mental health, emotional and physical wellbeing of children by supporting parents to focus on the needs of children experiencing family breakdown.
- Parents who attend our programme would benefit with from guidance, advice and support on how to work successfully towards co-parenting beyond the divorce process.





# Why Partner With The Parenting Apart Programme?

- We are the leading programme for working with parental conflict and that is what we specialize in. As a result, we offer a complete, evidence-based approach that will change children's lives.
- We are committed to the best interests of all children and to ethical business.
- We know our approach is sustainable and will provide you with evidence of the social impact that our programme delivers in your area over one year



# Our Primary Focus Is Improving The Lives Of Children And Families

- Going through conflict, whether separate or together, is a normal part of relationships. However, when parental conflict is frequent, intense, and poorly resolved, it can have a significant negative impact on children's emotions. We understand that separation or divorce is one of the hardest things families will go through, and when there is a child/ren involved we know this gets even more difficult.
- We help and support parents when they need it the most. Our specialist support is designed to help parents whose communication has broken down with their partner/spouse. The primary focus of The Parenting Apart Programme enables parents to develop healthy and a respectful parent working relationship so that they can continue to have positive relationships with their child/ren.
- When relationships break down, you want to resolve matters as quickly as possible. Our support has proven to save the cost, time, and emotional damage of litigation. The Parenting Apart Programme is more cost-effective and charge less per hour than solicitors. It's better to try and reach an agreement as you could save money in legal fees.



# Some Words From Our Founder



- “ I am hugely committed to making a difference for children and families who are going through separations which are marked by high levels of conflict and poor communication.
- Over recent years, we have put a lot of time and energy into establishing a model that works for children and families in these complex circumstances. We work in an area where public policy is slow to change. We need to form new alliances and work with partners in imaginative ways.
- We are delighted at the recognition given by DWP to the needs of children affected by parental conflict. We want to partner with councils that are ambitious to change the outcomes for such children and look forward to working with you”

# Supporting Parents

- The voice of the child is at the heart of everything we do. The Parenting Apart Programme supports parents who are going through divorce or separation where relationships have broken down or in conflict. The unique structure of the intervention has been created to centrally focus the minds of parents on the psychological needs of their children. It achieves this through a strengths-based, attachment-focused commitment to the prioritisation of the mental health and emotional well-being of children impacted by parental separation and divorce.
- This is achieved through a core structured 4 week intervention which enables parents to explore their family challenges, initially individually, (1 meeting each), and subsequently joint parent meetings (3 together), learning how to communicate as parents, to form a respectful working parent relationship, that results in a Parent Working Agreement (PWA) which both parents agree to abide by. This can be filed alongside any Court order if relevant.
- The PWA details how the parents will work together to support the child's wishes, emotional and physical wellbeing covering practical issues including transition of care, childcare arrangements, residency, holidays and schooling. Parents retain joint responsibility for decision making related to their children's futures, as opposed to Court directed, third party decision making.



# Our Programme Has 3 Aims:



To change the mindset of parents in order that they prioritise the needs of their children and place them at the centre of the decision-making process.



Enable better communication between parents, in order to create a more stable and sustainable parenting environment, which is emotionally beneficial to their children.



Encourage parents to make their own decisions regarding future plans, through establishing Parent Working Agreement.





## Key Components Of Our Approach:

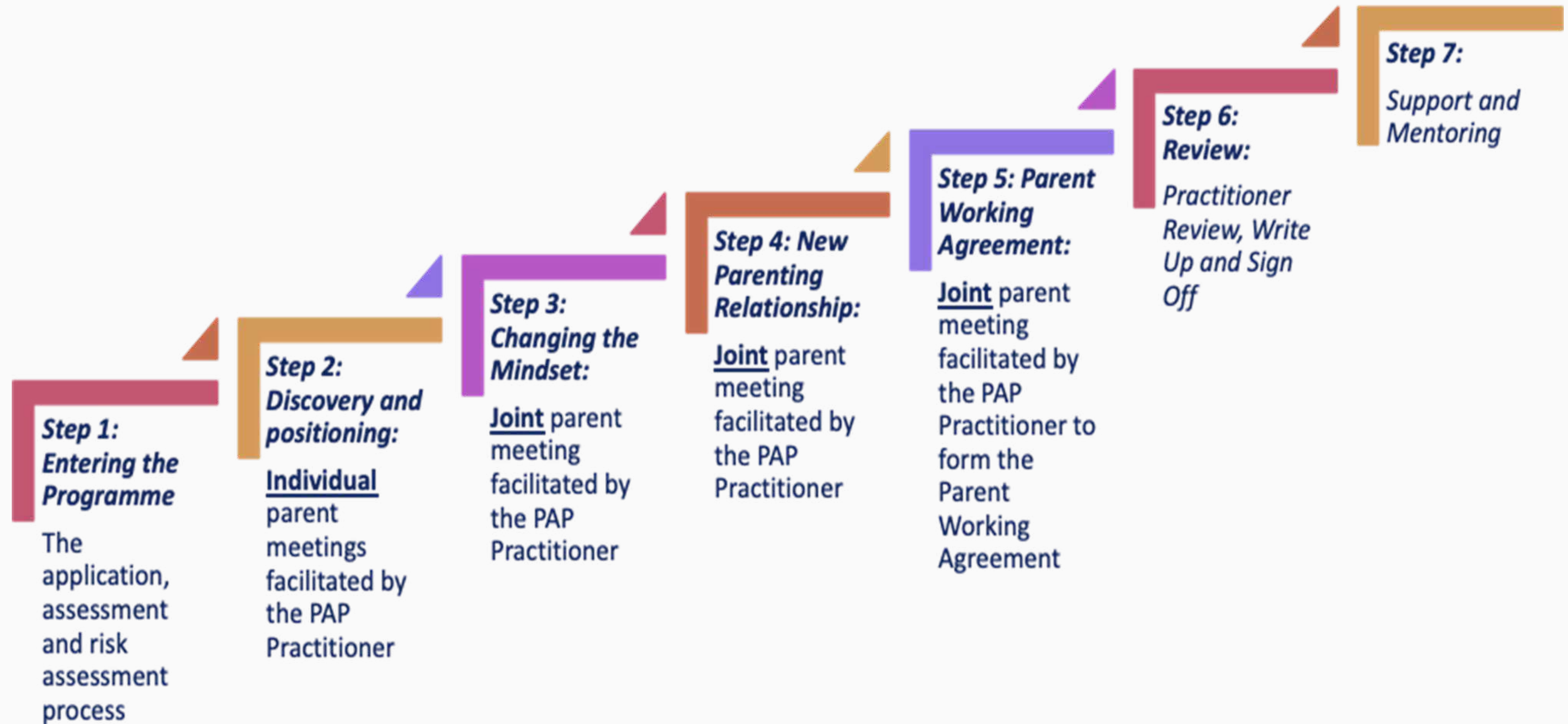
- Work with family to ensure the safety and well- being of all family members
- Strengthening the capacity of families to function effectively by focusing on solutions.
- Engaging, empowering, and partnering with families throughout the decision- and goal- making processes.
- Developing a relationship between parents and service providers characterised by mutual trust, respect, honesty, and open communication.
- Providing individualised, culturally responsive, flexible, and relevant service for each family.



# What Does The Parenting Apart Programme Consist Of ?

- The Parenting Apart Programme is not a Mediation service: we want more separating parents to access Mediation to provide earlier assistance to everyone and help identify any conflict at a much earlier stage. While it is a stand-alone intervention that is specifically designed for working with parents or carers when communication has broken down and presenting levels of conflict and distress, Parenting Apart would work best within a comprehensive approach to the needs of all parents and children intact or through separation and divorce.
- The initial 4-week intervention, involves 5 meetings over a period of 4 weeks. These meetings will usually take around an hour and a half, which are face to face or virtual.
- At the start of the intervention, the practitioner will conduct a one-to-one meeting with each parent to establish trust and develop a positive approach.
- Providing it is safe to continue, parents attend 3 Joint Parent Meetings to support parents to begin communicating together in a supportive environment and to form a respectful parent working relationship, that results in a Parent Working Agreement (PWA) which both parents agree to abide by.
- Finally, the parents, with the support of the practitioner develop a PWA that can be filed alongside Court Orders if relevant. This outlines all the details of the child's wishes, emotional and physical wellbeing covering practical issues including transition of care, childcare arrangements, residency, holidays, and schooling.

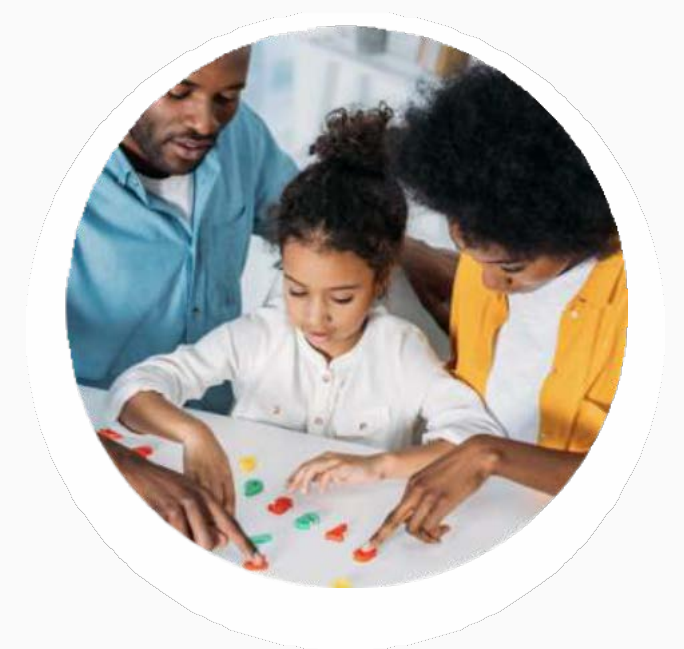
# 7-Step Parental Engagement Process©






# What Does The Parenting Apart Programme Consist Of ?

- The intervention aims to reassure the child/ren that their parents are making changes. It has been evidenced that this can help the child/ren to better manage their emotions with the ongoing changes in their family.
- Practitioners are trained to support parents to practically overcome common challenges that arise after an agreement has been made. For example, they can attend the initial transition of care with parents such as handovers, role-modelling appropriate behaviour and language, involving children whenever appropriate.
- The Parenting Apart Programme can be accessible prior, during and post any Court proceedings. It is important to note that if parents go to Court in the future, it is likely that the Judge will expect parents to have started a PWA.





# Benefits Of The Parenting Apart Programme

- 1.Reduces the time and expense of Court proceedings and Solicitors fees
2. Improved communication skills between parents
3. Reduces parental stress and anxiety
- 4.Children to continue to have relationships with both parents
5. Improved emotional and mental well-being of children
- 6.Creating a more stable environment for children between homes
7. A better co-parenting relationship
- 8.Giving parents a better understanding about what is best for their children
- 9.Improves relationships between parents and children when a significant change has taken place
- 10.Financial and time savings to parents of avoiding full court process, with associated stress-reduction circa £20,000.
- 11.Reduced length of time that a non-resident parent has no contact with their child, which in a court process is typically up to 18 months.



A photograph of a woman and a young girl sitting at a table. The woman is on the right, looking towards the girl on the left. They are both smiling and looking at each other. In the foreground, there are several white tulips in a vase. The background is slightly blurred, showing a wooden wall and some plants.

# Key Findings From External Evaluation of Parenting Apart

- Improves communication between parents
- Promotes a child-centred approach by parents, in part through increasing the display of respectful behaviour of parents towards each other in front of their child/ren.
- Reduces the length of time of the court process. This is vital since court proceedings can be highly traumatic and can cause complete breakdown of communication between parents, which can have significant emotional and mental impact on children.
- Gives parents back control and responsibility of making decisions about the future of their children.
- Supports and prioritises the emotional needs and the voice of the child throughout the process.
- Supports parents and children in re-establishment of relationship through parental conflict.





# Our Social Report 2019

- We have delivered over £10.2m of social value ; In the year in which the parents attend the programme the social value works out at £31,649 per couple that separates or divorces
- For every £1 spent delivering the programme a SROI of £46.52 was generated
- These benefits arise from the voice of the child being heard throughout, as parents place them at the heart of all decisions and take greater responsibility for making these decisions together.





# Our Social Report 2021

- The results show that the project was successful in getting parents to think about their behaviour in front of their children and significantly reducing their children's exposure to conflict, as well as the co-parents undermining each-other less and encouraging a more positive view of the other co-parent's parenting abilities. They were also able to find more agreement on co-parenting and division of labour.
- Two thirds of the parents felt that the Parent Working Agreement were helpful and would recommend the Parenting Apart Programme to others.
- The report also highlighted that Parenting Apart Programme had been used as a last resort for many – when it really needed to be a first resort, as the parents who engaged in the intervention had long established conflicts and difficulty communicating.



# You Can Trust Our Quality (1)

- One Awards, part of the NOCN Group.
- The Parenting Apart Training Programme has been awarded The One Awards in recognition of our high-quality programme content, integrity and efficacy. External recognition, through a national awarding body provides Parenting Apart Trainee Practitioners with formal and external recognition of their competency-based achievement.
- The Parenting Apart Training Programme, delivered through the One Awards accreditation from NOCN provides confidence and security to trainees, whilst offering assurance that the content of the programme has met the highest standards of external rigour and scrutiny.



PART OF **nocn** GROUP

**Quality Mark**



## You Can Trust Our Quality (2)

- CANparents Quality Mark from Family Lives
- The Parenting Apart Programme has been awarded the CANparent Quality Mark. The CANparent Quality Mark sets out what organisations must have in place to prove that they are delivering quality based on sound evidence, with strong governance practices, financial and risk management procedures
- Coupled with demonstrating robust systems for training, supervision and measuring and evaluating outcomes, we had to demonstrate how our work made a positive difference
- Our evidence-based approach to delivery, effective governance and engagement with parents all contributed to this award.





# Parent Testimonials

Father

“As a last resort to further Court action my Solicitor suggested this programme to resolve ongoing conflict with my ex-partner. Whist I was highly dubious this course of action would work, I agreed. After an emotional first joint meeting where neither my ex-partner nor I had anything positive to say we were given an Adverse Childhood Experiences video sample to watch at home. We are now co-parenting better with my ex than we were at the end of our marriage. The children are happy, excited about the future and pleased we have done this. We would never, even of been able to reach this place without the work of The Parenting Apart Programme. I also think it is important the programme is more accessible to families in the same circumstances.”

Mother

“If only The Parenting Apart Programme’s methodology was advised for all family breakdowns, I believe there would be far more positive outcomes and far happier children.”

Father

“At the start of the programme we were not talking and could not communicate without an argument. In a short space of time we have learnt how to approach each other and to even meet in public to talk about the future of our son. I would recommend The Parenting Apart Programme to anyone in the situation I have been in as I now get to spend quality time with my son which is important for his upbringing.”





# Parent Testimonials

Mother

“We were introduced and encouraged to use Parenting Apart Programme by our Solicitors...was dubious...and didn't really expect anything from it. Our biggest issue was two children who were caught up in the middle of the separation but fortunately we both agreed early on that nothing else mattered only their health, happiness and general wellbeing.”

Father

“We managed to get through hopefully the most traumatic part and are now communicating and our boys appear to be unaffected by the huge changes in all our lives.”

Mother

“I thank the Practitioner for her support, she gave me great confidence and reassurance in the difficult situation I found myself and my family in.” (Mother)



# Professional Testimonials

## Solicitor

“Parenting Apart Programme was involved in a particularly complex case of mine within which two very capable, highly skilled, professional parents struggled to communicate. Over a period of time, the practitioner worked hard to enable both parents to “move on” from the problems of the past and the court proceedings which had embattled them in costly litigation across two jurisdictions to bring about an amicable resolution within which the future division of the children’s time was agreed. Both parents in that case expressed warm gratitude to the programme for the hard work they had put in. I will therefore continue to recommend their services to clients, where appropriate and other professionals.”

## Tony McDaid (CEO) at No5 Barristers’ Chamber in Birmingham

“We consider it a social responsibility for us to support a scheme that can have such far-reaching effects on children and family life. I encourage colleagues to refer to the Parenting Apart Programme and look forward to seeing positive impacts for the families we refer.”

## Head Teacher

“It is rare that I would email to acknowledge great work but with your input into the meeting this week for the child through the Parenting Apart Programme, I feel I need to. We have a lot of outside agencies that come into school and some with very minimal if any impact. Your clearly know your stuff and your experience was invaluable to the meeting this week and your advice second to none. Many thanks.”



# Professional Testimonials

Patrick Myers, Senior Ambassador, Reducing Parental Conflict Team, Department for Work & Pensions.

Patrick Myers is a member of the Private Law Working Group was convened under the chairmanship of Mr Justice Cobb to review the approach taken to private disputes between parents with respect to the arrangements for their children's future welfare following a separation.

'I have been greatly impressed with the commitment and dedication that those who have developed this programme. It is based on the newest evidence with regard to supporting separated and separating parents with a recognition of the role that neuroscience plays in how we react to life events. I think it makes a useful contribution to the field of helping parents to separate well so that the act of separation does not mean that that cooperative parenting stops. The programme actively works to improve the lives of children and as such is a worthy endeavour and deserves supporting.'

## Social Worker

“Thank you for a positive, common sense insight into the Parenting Apart Programme. The seminar reminded me of what it takes to achieve positive outcomes for children and their parents. The information shared by the team demonstrated the importance of working together using the key tools created by the Parenting Apart Programme. The approach is the answer to many Social Work departments who are faced with the increased referrals which are essentially unresolved Private Law matters. These cases are known to consume many social work hours due to acrimonious parents becoming so entrenched in their own needs they lose sight of the needs of the children. The seminar created the space for all professionals involved with working with children to pull back and reflect on a ‘better way’ of supporting our children. The Parenting Apart Programme is inspirational and regenerated my interest in achieving positive outcomes with parents and their children.”





# Part Two

## Working In Partnership With Local Authorities

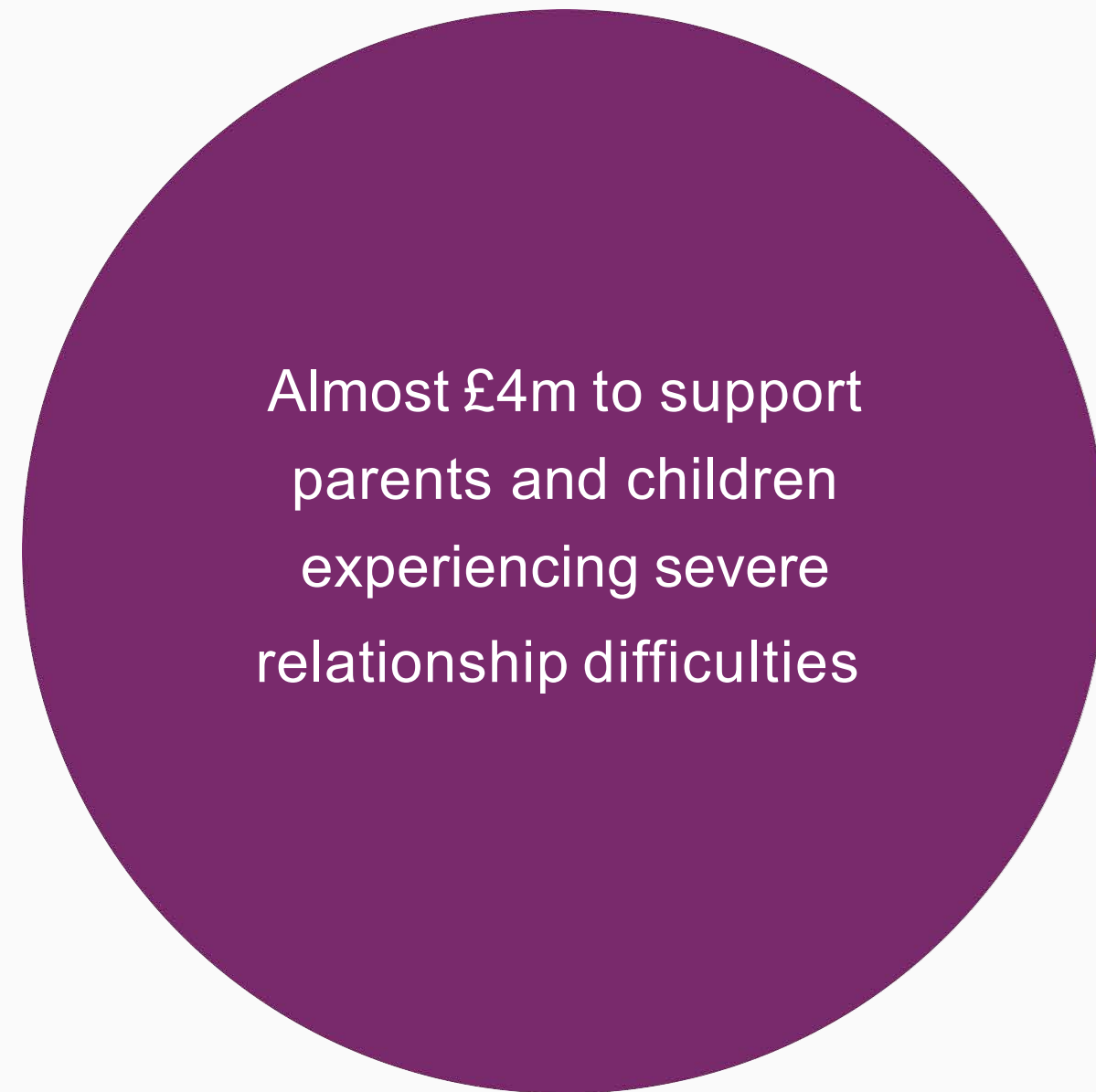




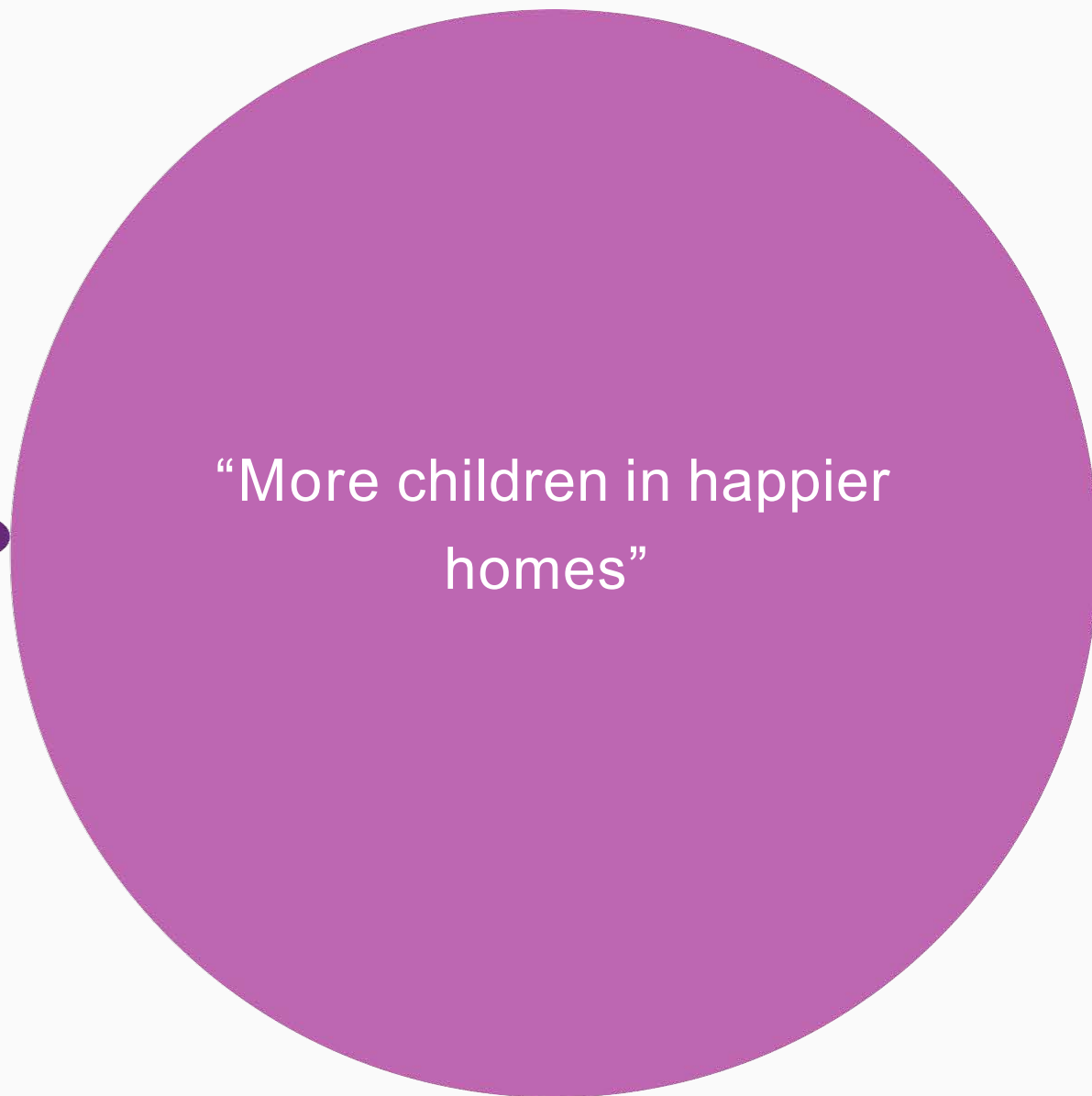
**"We also strive to share our knowledge and experience with partners, policy-makers and other stakeholders across the sector and beyond."**

# The DWP Grant Programme At A Glance

Input



Expected outcome



Parenting Apart can support your councils offer to the DWP grant programme.



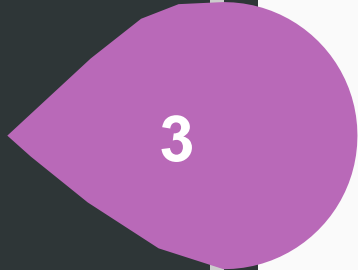
# DWP's Ambitions

DWP research shows that the profile of parental conflict has been raised by previous programmes.

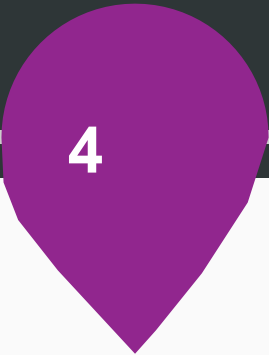


The Parenting Apart Programme  
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DWP research shows that 9 in 10 councils believe that the practitioner training models of previous programmes have improved support and outcomes for children in their area.



The focus of almost £4m is to support parents and children experiencing severe relationship difficulties. This is about responding to parental conflict (not domestic violence).



DWP wants to fund councils to undertake innovative programmes and share evidence.



# Financial

We will contain all our costs within the grant to you from DWP

## £20k DWP grant

Your council will have six practitioners who become fully licensed to deliver the service.

## £30k DWP grant

Your council will have twelve practitioners who become fully licensed to deliver the service.

## Your license includes

All the training and development of your practitioners, monthly oversight, a peer network and our evidence-based approach.

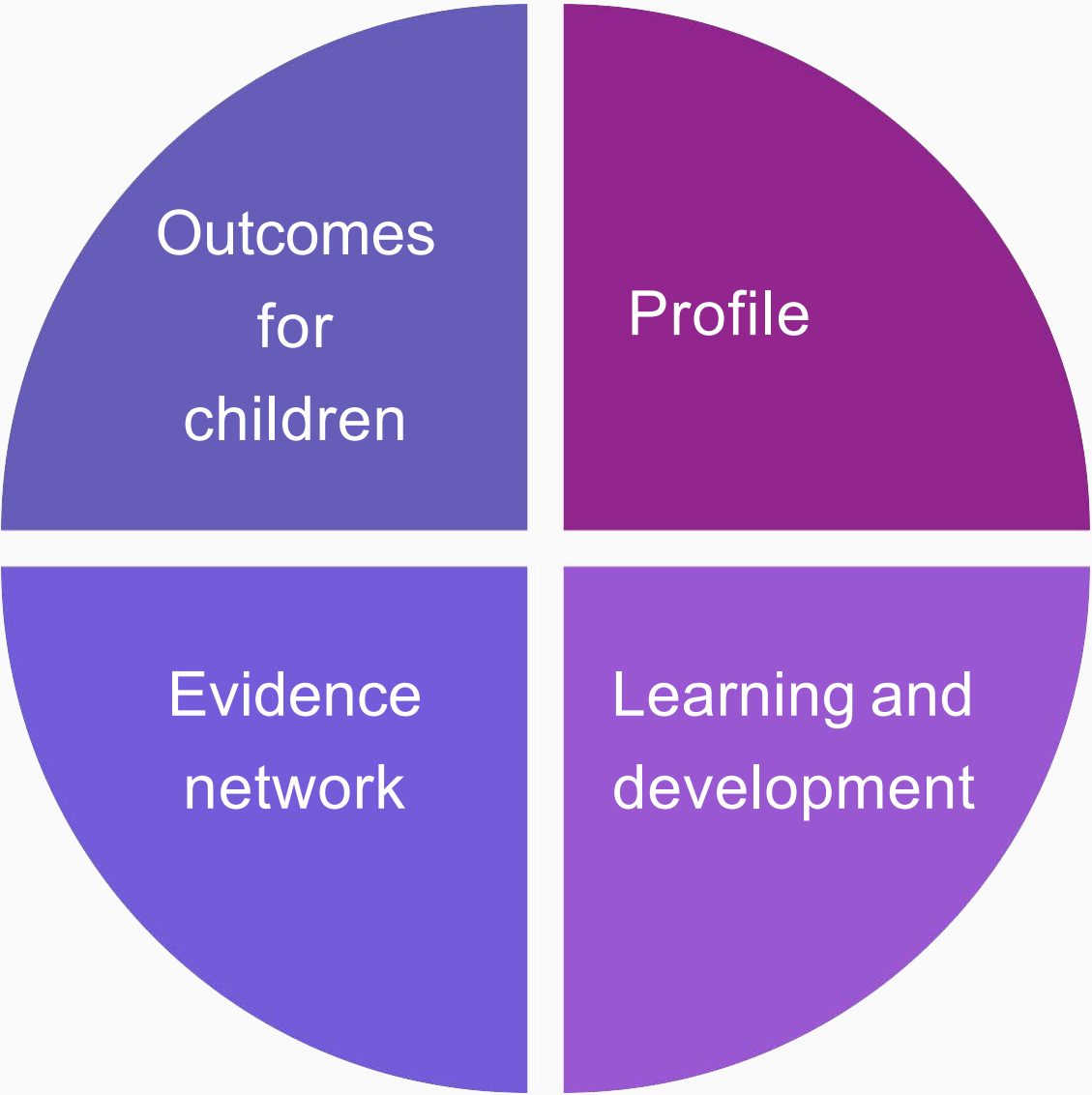


# The Benefits To Your Council

Being one of a maximum of twelve councils that Parenting Apart will partner in their offer to the DWP will secure these benefits.

You will be reducing the effects of parental conflict on children and improving their lives.

You will join Parenting Apart's national network and access all our evidence-based tools.



Your council will have profile within the DWP programme and contribute to building more evidence about what works.

Your practitioners will receive learning and development from being part of our leading programme.

Reduced parental conflict and happier children.



# The Benefits For Your Practitioners

## Understanding Context

Our methodology is applied locally, and practitioners will learn how to work with context.

## Evidence based practice

Applying best practice from research to date

## A national peer network

Joining with others working with us.

## Certification and registration

Licensed to use our methodology.

## Joining the Hub

Connecting with others and with wider practice knowledge.

## Research through practice

Being part of a programme generating new research.

## New skills

Becoming confident about working with parental conflict.

## Making a difference

The rewards of working in ways that show how it makes children's lives better.

## Applied Learning

Through training, supervision and case consultation.

# Some Quotes From Practitioners About Our Training...

- I want to say a huge thank you!!!! I love the programme and everything it stands for. The delivery was fantastic from Paul and having Claire and Kam there to support and guide us on how to use the programme was amazing. Doing 3-day online training can be hard going but it felt so interactive and supportive.
- I just really want to say a huge thank you to Claire, Kam and Paul for the really insightful and informative training that was delivered with a huge amount of knowledge and passion.
- A huge thanks to you, Paul, Kam and Elford. I feel a little sad this morning not seeing you and all the others. I can honestly say hand on heart there is very little training I attend these days where I come away feeling that I have learnt something new. I love the PAP program and can't wait to start using it.
- I would like to say thank you to you all for the delivery of such amazing training. I was absolutely buzzing when we finished yesterday and can't wait to put it all into practice. I can honestly say its the best training I have ever been on. You were all so passionate, warm, and welcoming.
- Thank you for having me I have learnt such a lot. It was great training, and I am looking forward to implementing this into our practice.
- I can honestly say that it one of the best training courses I have ever been on THANK YOU so much you are all amazing people.



# Our Licensed Practitioner Model

- Parental conflict requires skilled and confident practice that makes changes for children
- Practitioners use an evidence-based methodology and contribute to developing further evidence
- Practitioners are supported to think about the context in which they practice so that they build confidence for referrals
- Practitioners are part of a network developing our approach to policy change built on best practice.
- By using a licensed model, we are sure that practitioners nationwide are using the latest evidence in their practice.





# Who Are Accredited Licensed Practitioners ?

- The Parenting Apart Programme is delivered nationally through our network of Accredited Licensed Practitioners. There are four ways that we engage Licensed Practitioners:

You can

1. Become one of our Local Authority, Health or Education Partners
2. Become a National Organisation Partner
3. Work as an Individual Licensed Practitioner
4. Work within one of our Independent Partner Organisations, such as Contact Centres, Family Hubs, Therapeutic Services).





# Selecting your Licensed Practitioners To Work With Us

- Our Licensed Practitioners typically come from a range of professional backgrounds from the Health and Social Care Sector such as, Social Workers, Health professionals, Counsellors, Psychologists, and Mental Health practitioners, etc.
- Most importantly, they all have some experience of working with families, a real commitment to build upon this, a desire to make a real difference and a practical working understanding of safeguarding children.
- A DBS certificate is required along with two years' experience of working within a Health and Social Care organisation where they have worked with parents and children in conflict.
- At a personal level, our Practitioners work to the highest levels of professional standards and integrity. They are self-motivated and team players, working with and supporting their colleagues to deliver the best service for every family.







# Who Could Be The Practitioners Within The Local Authorities?

These can be Social Workers, Health Professionals or other staff qualified to NVQ Level 4 in Health and Social Care, and have at least 2 Years experience of working with children and families. These professionals could be working across the following Teams:

- Safeguarding Hub such as MASH.
- Early Help/Intervention – to reduce parental conflict.
- Family Support or Edge of Care Services – to support breakdown in family.
- Children in Care – supporting Foster Carer/Connected Foster Carers when there is breakdown in communication regarding contact arrangements with birth parents.
- Special guardianship orders- where there is conflict between carer and birth parent.
- Adoption – breakdown to parental relationship
- Children as risk of criminality activity, missing, CSE, etc



# Is This A Trainer Training Programme?

- Please note that this is NOT a Trainer Training Programme where you receive some training and individuals go off without further support, advice or development.
- With the Parenting Apart Local Authority Partner License we support your Council and Practitioners on an ONGOING basis
- We see your Council as a key part of our future and we are committed to building a strong relationship together and supporting the long term development of your team.
- At Parenting Apart , we are committed to learning – from each other, from the wider sector and from the families with whom we work. We are constantly learning and evolving, applying our knowledge and experience to deliver the best possible outcomes for vulnerable people.



# Our Ambitions For Our Journey

1

We want to offer evidence-based approaches to change the lives of children experiencing parental conflict.

2

We want an ongoing dynamic relationship with Councils and Social Workers - our approach is always evolving and improving

3

We want to work with Partners to make a difference to the lives of children and continue to develop the evidence of what works for children in parental conflict.

4

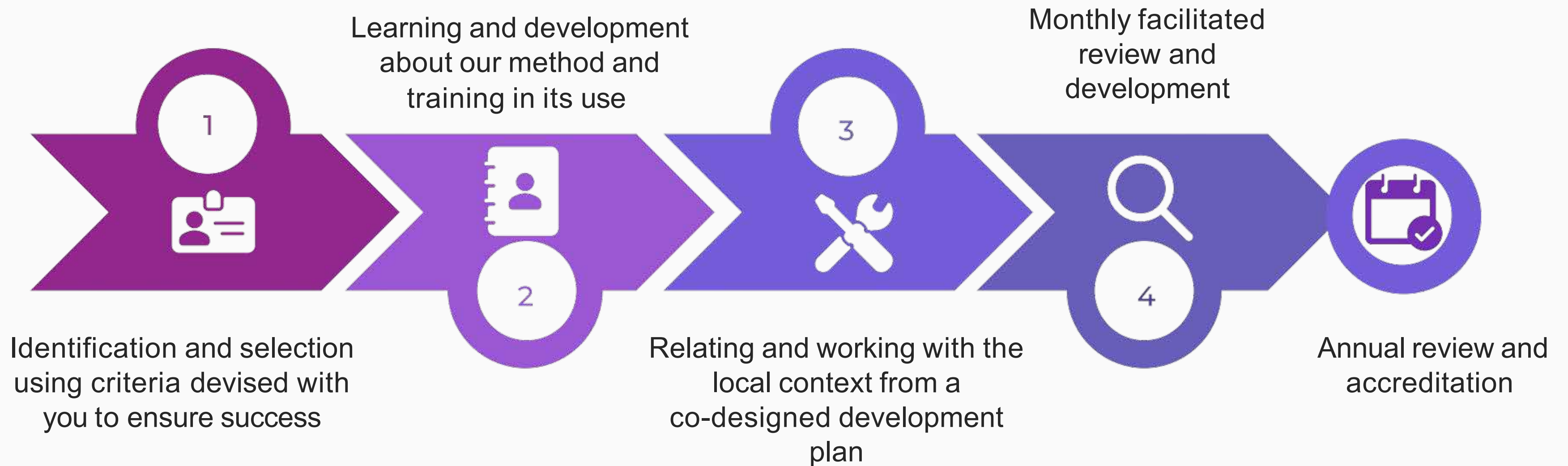
We want to develop support for changes where children experiencing parental conflict will be seen as children in need

Parenting Apart have four clear ambitions for working in partnership with councils on this programme



# Key Inputs To Licensed Practitioners

We take the use and development of evidence-based practice very seriously as children in parental conflict require skilled effective interventions.



We will design a roadmap for your journey based around four key features of our programme.

1

We will help you design how to make Parenting Apart work in your place and select up to twelve practitioners who will lead for you.

2

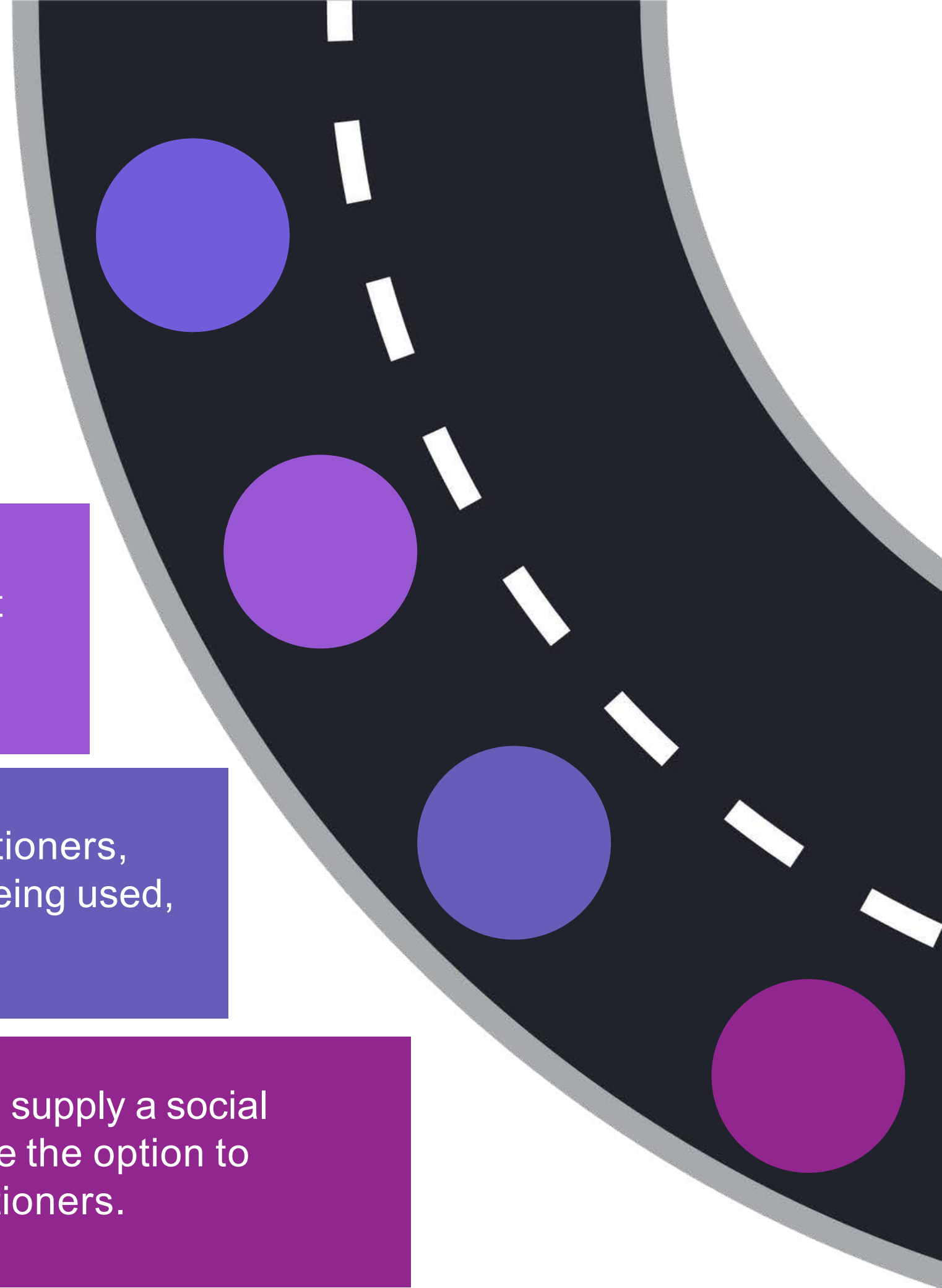
We will supply accredited training and development, starting with a three-day course. We will relate this back to your context with your practitioners leading a system wide workshop to stimulate referrals.

3

We will facilitate monthly development with your practitioners, develop a peer network and review how the service is being used, sending you regular progress snapshots.

4

Amongst our feedback and evaluations, we will supply a social impact report on your programme. You will have the option to discontinue or renew the license of your practitioners.





A photograph of three people in a professional setting. A man with a beard and a woman with dark curly hair and glasses are in the foreground, looking at a laptop. Another woman is partially visible behind them. They appear to be in a collaborative meeting.

# What Is Included In Your License Package?

The Parenting Apart Programme offers Local Authority Partners a complete package of comprehensive training, accreditation, and ongoing professional development support for 12 months.

- Comprehensive Training over a 3.5-day period
- Continuous Professional Development (CPD)
- Ongoing professional development for practitioners and the managers through consultations, peer group support, practice forums, research-based inputs, etc.
- Close working relationship with your Council.
- License to practise.

# Key Benefits of Working Together

- The opportunity for the Local Authorities to be part of the Parenting Apart national network of professional Practitioners.
- Comprehensive initial training programme and regular development sessions for your practitioners.
- A clear commitment to professional development through our accreditation process. This ensures your team is operational quickly and can grow your skills and competence in applying our professional model.
- Evidence, learning and research about the Parenting Apart model. Your team will have the opportunity to participate in, and contribute to, ongoing learning and development.
- Working within and with the backing of a caring, friendly, ambitious, and dynamic organisation. We want your practitioners to feel part of, and help us to build, our professional family.
- Continuous Professional Development (CPD) Certificate for practitioners attended the 3-day training. This is awarded to practitioners through One Awards, part of the NOCN Group.
- Ongoing Peer-to Peer group support – to share learning and to build a strong and collaborative professional network.
- Parenting Apart is committed to having a voice for children who experience conflict. We drive change through the way we work, expanding where we work and pushing for policy change.



# How Are We Supporting Our Practitioner Network?

We are developing a strong and mutually supportive Practitioner network.

We do this through:

- Ongoing Peer-to Peer group support network meetings
- The Professionals section of our website
- Regular Training/Briefing sessions on key topics
- Research initiatives on the Parenting Apart Programme
- Annual Conference
- We hope that you will play an active role and will value your input and contribution in all of these areas.



# Professional Support and Development

We are committed to the development of your practitioners and back this up with our comprehensive Accreditation process for the delivery of The Parenting Apart Programme. This is very much a two-way relationship where we work closely with you:

## Local Authority Practitioners:

- want to make a difference for children by working to reduce the adverse effects of parental conflict on their lives through improving the communication between parents.
- understand that making a difference to children lives requires careful, thoughtful interventions that are based on available evidence and contribute to further learning about best practice.
- understand the importance of their own development, supervision and accreditation.

## Parenting Apart:

- is committed to developing the best practice model, developing people and practice in the model and investing into research
- is driven by its passion for the best outcomes for children
- is absolutely determined to remain the leading programme for addressing parental conflict by being excellent in all we do.



# We Maintain High Standards of Practice

We think children who are experiencing parental conflict should have the right to have services from practitioners who are displaying the highest standard of practice.

We also want to ensure that practice is using the latest available research and is consistent with up to date knowledge of what makes a difference for parents and children.

We want to work with people who will adapt and develop their practice: that also means you will be keen to work with researchers.



<https://justiceinnovation.org/project/parenting-apart-programme>



Academic Partner for Research



Collaborated with OFW as a technology partner to provide parents a safe platform to communicate.

Claire Field was a contributor within Subgroup of The Private Law Working Group  
[https://www.judiciary.uk/wp-content/uploads/2020/11/FamilySolutionsGroupReport\\_WhatAboutMe\\_12November2020.pdf-final.pdf](https://www.judiciary.uk/wp-content/uploads/2020/11/FamilySolutionsGroupReport_WhatAboutMe_12November2020.pdf-final.pdf)



# We are already partnered with





# Looking Beyond Year One

We hope that the first year of practice enables your team to excel at applying the Parenting Apart method and see the real the difference that it makes to the lives of children and families.

We will offer renewed Partner licences to successful Local Authorities who have met all our standards and who are keen to continue to build their professional service with us.

Please note that only our Partner Local Authorities can practice using the Parenting Apart name, methods, logo or materials.



# We Maintain High Standards of Practice

Our initial training is 3.5 days in duration. A brief overview is given below. Further information can be provided following signing the contract and meeting the relevant Terms and Conditions.

The evidence base behind the programme development includes:	The key components of the Parenting Apart training include:
<ul style="list-style-type: none"><li>• Psychological research surrounding child and adolescent social, emotional and cognitive development.</li><li>• Neuroscientific research in the field of Childhood Trauma and Neuro-development.</li><li>• Research into Attachment Theory, Trauma and Adverse Childhood Experiences</li><li>• The application of Conflict and Communication theories.</li><li>• Evidence-based practice from the field of Couples and Family Therapy.</li><li>• Practice-based evidence of developing positive relationships and strengths-based communication between parting parents.</li></ul>	<ul style="list-style-type: none"><li>• Reflecting safeguarding principles and standards.</li><li>• Assessing the emotional and mental health of the child alongside psychological elements.</li><li>• Understanding the impact to the child of a lack of/no relationship with one parent.</li><li>• Improving communications / reducing conflict.</li><li>• Helping parents to develop and secure the best outcomes for their children.</li><li>• Helping parents</li></ul>



# Summarizing Our Vision For Partnering With You



1

Areal difference in the lives of  
children in parental conflict in  
your area

2

Raising the skills of your  
chosen practitioners and  
allowing them the experience  
of our model

3

Together building the evidence  
and case for change for  
children living with parental  
conflict





# Thank You

We are building a high quality, mutually supportive and professional network that can help us to grow our position as ‘the leading programme for making children’s lives better by improving communication between parents in conflict’.

We are delighted that you will be a key player in this.

Please remember that we are here to support your team and to ensure great outcomes for children and families in conflict.

We hope you are excited at the prospect of joining us with our high standards, our commitment to research and learning. We are here to make a difference!

You will find further information on our website:

<https://www.parentingapartprogramme.co.uk/>

Please do not hesitate to contact us for an initial discussion or if you have any questions.

Kam Kaur – Head of Licensed Practitioner Development:

[enquiries@parentingapartprogramme.co.uk](mailto:enquiries@parentingapartprogramme.co.uk)